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Human sexuality is the way people experience and express themselves sexually. This involves biological, erotic, physical, emotional, social, or spiritual feelings and behaviors. Because it is a broad term, which has varied with historical contexts over time, it lacks a precise definition. The biological and physical aspects of sexuality largely concern the human reproductive functions ...

Human sexuality - Wikipedia

"Before the assault, I had an incredible sex drive," says Ellie, a 30-year-old woman who lives in Toronto. (She asked that her full name not be used.) "I was adventurous, found joy in intimacy and ...

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How Anxiety Dampens Sexual Pleasure - Psych Central.com

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The Real Sex Lives of Men Over 65 | Psychology Today

Sexual anxiety — or sexual performance anxiety — is something that affects men and women of all ages, regardless of how much experience they have with intercourse. For some, this type of anxiety is...

How to cope with sex anxiety - Medical News Today

Opportunities for pleasure are everywhere—from sex to food to exotic escapes—yet we are becoming increasingly more depressed and anxious. Research shows that many people are having less sex, and those who do have a lot, enjoy it less.

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The Aftermath of Childhood Sexual Abuse - Sexual Health ...

Many people feel nervous about their fantasies, bodies, libidos, sexual repertoire, and ability to negotiate functional sexual relationships. That nervousness causes stress, which, as mentioned,...

Annotation "Good fish get dull but sex is always fun." So say the Mehinaku people of Brazil. But Thomas Gregor shows that sex brings a supreme ambiguity to the villagers' lives. In their elaborate rituals--especially those practiced by the men in their secret societies--the Mehinaku give expression to a system of symbols reminiscent of psychosexual neuroses identified by Freud: castration anxiety, Oedipal conflict, fantasies of loss of strength through sex, and a host of others. "If we look carefully," writes Gregor, "we will see reflections of our own sexual nature in the life ways of an Amazonian people." The book is illustrated with Mehinaku drawings of ritual texts and myths, as well as with photographs of the villagers taking part in both everyday and ceremonial activities.

Challenging everything from the mandates of the Catholic Church to the hotly debated ethics of pornography, and from the controversy surrounding gay rights to issues of gender and feminism, With Pleasure explores a new theory of human sexuality that ignites every hot topic in the public domain. What role, authors Paul Abramson and Steven Pinkerton ask, does sexual pleasure play in our lives? Is the pursuit of sexual enjoyment in our blood? Our brains? Our very nature? Regardless of the source, it can be agreed that the joys of sex are widely appreciated. Why, then, is pleasure so often overlooked in discussions of sexual behavior, and why do cultural, historical, and religious realises so often fail to emphasize, or outright ignore, this obvious aspect of human sexuality? Responding to these and many other questions about our most private affairs, With Pleasure provides a profoundly original challenge to the cherished truisms of human sexuality. Abramson and Pinkerton proclaim the paramount importance of pleasure, while at the same time overthrowing traditional ideas about gender, pornography, contraception, homosexuality, abortion, and much more. Supported by rigorous research and co-written by one of the foremost authorities on sex, With Pleasure argues that human sexuality cannot be understood if its significance is limited to reproduction alone. The authors posit that in humans reproduction itself occurs as a byproduct of pleasure--not the other way around--and that it is the strong drive for pleasure that makes people overcome many obstacles--and even life-threatening dangers such as AIDS--to have sex. Ranging from discussions about the church to questions about the future of sex and pleasure, Abramson and Pinkerton argue persuasively that the pleasurablebility of sex cannot be restricted to purely reproductive behavior. With Pleasure advances a startling and original new theory about human sexuality, one which the authors believe will replace all existing notions about sex. The book, standing in direct and deliberate opposition to traditions that try to confine sexuality to procreation, is sure to ignite a firestorm of controversy.

Pleasure is biologically desirable and good for physical and mental health. In The Pursuit of Pleasure, Lionel Tiger explores this aspect of human nature by focusing on the origins and forms of pleasure. Medical science has perfected a host of often astonishingly impressive methods for preventing, alleviating, or recovering from pain. Its opposite, pleasure, has not had such a well-funded and fully justified constituency. In fact, those committed to the understanding and pursuit of pleasure, are rarely accorded respect and a sense of significance. People have objected to the notion of pleasure for a variety of reasons. The most complex derive from religious convictions that the most morally admirable human life is marked by abstemiousness, suffering, even martyrdom. There is also a corresponding fear that people may pursue pleasure too avidly and with too strong a sense of entitlement, and the world's work will not get done. But just as there have been suspicions of the dangers of pleasure, there have also been its supporters who assert its vital and joyful centrality to human experience. The Pursuit of Pleasure favors an agnostic approach borrowed from natural science. In lively, witty, and eminently readable prose, Tiger identifies major forms of pleasure and explores their variations, now and in the past. Pleasure, says Tiger, is not a luxury but an evolutionary entitlement that deserves to be taken seriously. As we acknowledge our need for enjoyment, we understand the need to establish balance in our lives-our need for the pursuit of pleasure.

Pleasures and Perils follows a group of young girls living on Nevis, an island society in the Eastern Caribbean. In this provocative ethnography, Debra Curtis examines their sexuality in gripping detail: why do Nevisian girls engage in sexual activity at such young ages? Where is the line between coercion and consent? How does a desire for wealth affect a girl's sexual practices? Curtis shows that girls are often caught between conflicting discourses of Christian teachings about chastity, public health cautions about safe sex, and media enticements about consumer delights. Sexuality's contradictions are exposed: power and powerlessness, self-determination and cultural control, violence and pleasure. Pleasures and Perils illuminates the methodological and ethical issues anthropologists face when they conduct research on sex, especially among girls. The sexually explicit narratives conveyed in this book challenge not only the reader's own thoughts on sexuality but also the broader limits and possibilities of ethnography.

Proposes a controversial view of sexuality that argues that pleasure, not reproduction, is the motivation and purpose of sex, that pornography is a legitimate expression of the desire for pleasure, and that the Church has unnaturally limited sexuality. UP.

Thomas Gregor sees the Mehinaku Indians of central Brazil as performers of roles, engaged in an ongoing improvisational drama of community life. The layout of the village and the architecture of the houses make the community a natural theater in the round, rendering the villagers' actions highly visible and audible. Lacking privacy, the Mehinaku have become masters of stagecraft and impression management, enthusiastically publicizing their good citizenship while ingeniously covering up such embarrassments as extramarital affairs and theft.

First Published in 1994. Routledge is an imprint of Taylor & Francis, an informa company.

Anyone who's ever lost sleep over an unreturned phone call or the neighbor's Lexus had better read Alain de Botton's irresistibly clear-headed new book, immediately. For in its pages, a master explicator of our civilization and its discontents turns his attention to the insatiable quest for status, a quest that has less to do with material comfort than with love. To demonstrate his thesis, de Botton ranges through Western history and thought from St. Augustine to Andrew Carnegie and Machiavelli to Anthony Robbins. Whether it's assessing the class-consciousness of Christianity or the convulsions of consumer capitalism, dueling or home-furnishing, Status Anxiety is infallibly entertaining. And when it examines the virtues of informed misanthropy, art appreciation, or walking a lobster on a leash, it is not only wise but helpful.

A sex therapist and neuroscientist describes anhedonia, the inability to feel a satisfactory amount of pleasure--and provides the pathway back to fully enjoying sex, food, time with family and friends, and other pastimes, while also staving off depression, anxiety, and addiction.

This book examines human psychology and behavior through the lens of modern evolutionary psychology. Evolutionary Psychology: The Ne w Science of the Mind. 5/e provides students with the conceptual tools of evolutionary psychology, and applies them to empirical research on the human mind. Content topics are logically arrayed, starting with challenges of survival, mating, parenting, and kinship; and then progressing to challenges of group living, including cooperation, aggression, sexual conflict, and status, prestige, and social hierarchies. Students gain a deep understanding of applying evolutionary psychology to their own lives and all the people they interact with.

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