

Playful Approaches To Serious Problems

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Playful Approaches to Serious Problems: Narrative Therapy with Children and their Families (Norton Professional Books) Hardcover – Illustrated, 16 July 1997 by Jennifer Freeman (Author), Epston (Author), Dean Lobovits (Author) 4.7 out of 5 stars 28 ratings See all formats and editions

Playful Approaches to Serious Problems: Narrative Therapy ...

Playful Approaches to Serious Problems. Jennifer Freeman, David Epston, Dean Lobovits . New York, NY: W. W. Norton; 1997. 321. CA \$45.00. Sydney NS. Author information Copyright and License information . Copyright © 2005 Canadian Academy of Child and Adolescent Psychiatry. This book proved to be an interesting read. The stories of the children tackling their various problems offer a refreshing view into the mind of the children involved as well as the thoughts of the family.

Playful Approaches to Serious Problems

Buy Playful Approaches to Serious Problems: Narrative Therapy with Children and Their Families (Norton Professional Books) by Epston, David, Freeman, Jennifer, Lobovits, Dean (July 16, 1997) Hardcover by (ISBN:) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Playful Approaches to Serious Problems: Narrative Therapy with Children and their Families (Norton Professional Books (Hardcover)) Epston, David; Freeman, Jennifer; Lobovits, Dean Published by W. W. Norton & Company (1997)

Playful Approaches to Serious Problems by Freeman - AbeBooks

Playful approaches to serious problems. David Epston ' s playful approach invites mutual creativity in the resolution of family problems. His writings illustrate the hospitality, playfulness and " respectworthiness " with which David engages people facing difficult problems. Together with Jennifer Freeman and Dean Lobovits, David co-authored of the book, Playful Approaches to Serious Problems: Narrative Therapy with Children and Their Families , now available in English, Spanish, Chinese ...

Playful approaches to serious problems - Re-Authoring Teaching

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Playful Approaches to Serious Problems : Narrative Therapy With Children and Their Families, Hardcover by Freeman, Jennifer; Epston, David; Lobovits, Dean, ISBN 0393702294, ISBN-13 9780393702293, Brand New, Free P&P in the UK Tells how to help children use play activities to gain perspective on their difficulties

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9780393702293: Playful Approaches to Serious Problems ...

BORIS JOHNSON has announced a new national lockdown this evening as the UK ' s coronavirus caseload officially passed the one million mark. Boris Johnson introduced new nationwide curbs that wi...

Tells how to help children use play activities to gain perspective on their difficulties

Use of letter-writing in family therapy.

Recognizing the power of children ' s imaginations in narrative therapy. Therapists may marvel at children's imaginative triumphs, but how often do they recognize such talents as vital to the therapy hour? Should therapists reserve a space for make-believe only when nothing is at stake, or might it be precisely those moments when something truly matters that imagination is most urgently needed? This book offers an alternative to therapeutic perspectives that treat children as vulnerable and helpless. It invites readers to consider how the imaginative gifts and knowledge of children, when supported by the therapist and family, can bring about dramatic change. The book begins with an account of the foundations of narrative theory. It explains how such elements as language, characterization, and suspense contribute to the coherence of a story and bring young people into focus. Each subsequent chapter provides specific suggestions for the practice of narrative therapy. Examples of the difficulties children face are offered, along with narrative interventions and tips for overcoming common barriers that can arise along the way. Readers will learn a variety of ready-to-implement strategies, including how to personify problems, compose letters to affirm children's identities, summon fairies to lend a helping hand, and many more. Sample dialogues between the authors, children, and their parents bring the application of each practice to life, illuminating how even the most stubborn problem can be outwitted, sometimes by mischievous means. With robust professional insight, Narrative Therapy in Wonderland will aid any practitioner in calling on children's imaginative know-how. How often can a young person be spotted diving headlong into a world of fantasy? This book explores the extraordinary fact that these young people may, upon arrival in Wonderland, be far better equipped to take on even dire challenges than when they remain "up above."

Showcasing approaches as creative and playful as young clients themselves, the book presents therapy as a dialogue of discovery. Through transcripts and compelling case examples, contributors illuminate how drama, art, play, and humor can be used effectively to engage with children of different ages, and to honor their idiosyncratic language, knowledge, and perspective.

Key phrases: blended learning, insider knowledge, online pedagogy, narrative therapy, postmodern pedagogy, practitioners and consumers, practitioner-training, public practices, reflective practitioner, students ' voices, teaching congruently, teacher-practitioner, therapeutic letters, teaching therapeutic practice.

Parents have heard that play is a child's work—but play is not for kids only. As psychologist Lawrence J. Cohen, Ph.D., demonstrates in this delightful new book, play can be the basis for an innovative and rewarding approach to parenting. From eliciting a giggle during baby's first game of peek-a-boo to cracking jokes with a teenager while hanging out at the mall, Playful Parenting is a complete guide to using play to raise strong, confident children. Have you ever stepped back to watch what really goes on when your children play? As Dr. Cohen points out, play is children's complex and fluid way of exploring the world, communicating hard-to-express feelings, getting close to those they care about, working through stressful situations, and simply blowing off steam. That's why "playful parenting" is so important and so successful in building strong, close bonds between parents and children. Through play we join our kids in their world. We help them express and understand deep emotions, foster connection, aid the process of emotional healing--and have a great time ourselves while we're at it. Anyone can be a playful parent--all it takes is a sense of adventure and a willingness to let down your guard and try something new. After identifying why it can be hard for adults to play, Dr. Cohen discusses how to get down on the floor and join children on their own terms. He covers games, activities, and playful interactions that parents can enjoy with children of all ages, whether it's gazing deep into a baby's eyes, playing chase with a toddler, fantasy play with a grade schooler, or reducing a totally cool teenager to helpless laughter. Playful Parenting also includes illuminating chapters on how to use play to build a child's confidence and self-esteem, how to play through sibling rivalry, and how play can become a part of loving discipline. Written with love and humor, brimming with good advice and revealing anecdotes, and grounded in the latest research, Playful Parenting will make you laugh even as it makes you wise in the ways of being a happy, effective, enthusiastic parent.

Offering a fresh perspective on treatment, this book presents an overarching framework and many specific strategies for working with violent youth and their families. The authors shed light on the complex interplay of individual, family, community, and societal forces that

lead some adolescents to hurt others or themselves. Effective ways to address each of these factors in clinical and school settings are discussed and illustrated with evocative case material. The book provides essential guidance on connecting with aggressive teens and their parents and managing difficult situations that are likely to arise. The strengths-based interventions presented are applicable to a broad range of high-risk behaviors, from bullying and assault to substance abuse, self-mutilation, and suicidality.

Solution-Focused Therapy with Children and Adolescents offers mental health professionals an integration of creative and playful approaches and solution-focused therapy. The author presents developmentally appropriate and expressive alternatives to oral communication including sandtray, writing, puppetry, drawing and coloring, photography, and music. The text presents an overview of strength-based and creative approaches with a focused examination of the philosophy and process of solution-focused therapy, then divides chapters into specific stages of therapy—beginnings, searching for treasure, setting goals, and ending the session—with creative techniques offered in each section. The final chapter addresses working with children and adolescents in solution-focused groups, including how to set up groups and progress through different group stages, presenting specific techniques and activities focused on each stage of the group process.

This text provides a critical perspective on the institutions, practices and presuppositions that underlie the study of "psychopathology". The authors challenge the traditions in various ways in order to understand aspects of mental health and distress.

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